



PORTLAND GOLDENDOODLES.com

PREMIUM PUPPIES

Recommended List of Food & Puppy Supplies

We are concerned about reports of canine heart disease, known as dilated cardiomyopathy (DCM), in dogs that ate certain pet & grain free foods and containing peas, lentils, other legumes or potatoes as their main ingredients. – [fda.gov](https://www.fda.gov) The fiber and plant material from the peas, lentils, legumes, or potatoes may be impeding dogs from absorbing enough taurine which is leading to the heart problems. Although we have never seen this issue in our senior dogs these fillers are not good for the heart, digestion, vision & immune system. Taurine production is necessary for normal vision, good digestion, normal heart muscle function, and also helps support a healthy immune system.

Due to recent studies we have changed our puppy food to Victor Hi-Pro Plus Formula Dry Dog Food or without Peas, Lentils, Legumes, and Potatoes. This is an all stages puppy & adult food. I add Salmon oil for extra DHA that supports brain development, digestion and a smooth silky coat.

9 Best Dog Foods without Peas, Lentils, Legumes, and Potatoes

<https://breedsy.com/dog-food-without-peas-lentils-legumes-potatoes/>

List of items to prepare for your puppy

1. Victor Hi-Pro Plus Formula Dry Dog Food - Amazon or Chewy.com
2. Kirkland Brand Wet Food (Chicken & Rice - Lamb & Rice) or any canned food without the ingredients listed above - Costco
3. Dog Bed - Costco
4. Piddle Pads - Costco
5. Retractable Leash
6. Non Plastic Food & Water Bowl
7. Banana Chips (Dried banana - used as treats) - Winco
8. Wire "Slicker" Brush to prevent matting - Amazon
9. Poop Bags
10. Tooth Brush & Tooth Paste

11. Wet Food Can Covers
12. Ear Cleaner
13. Baby Wipes for Ear Cleaning and Sanitary Cleaning (Especially Females to prevent UTI)
14. New Harness when puppy get's larger
15. Teething Toys - BPA Free
16. Puppy Shampoo and Conditioner - Use Dawn dish soap for body and Tearless Puppy shampoo for their head. Always use conditioner.
17. Small Human Nail Clippers as Puppies - as adults use regular dog clippers or your groomer.
18. ID Tag for Harness or Collar
19. Wild Alaskan Salmon Oil - Amazon: https://www.amazon.com/dp/B074K1JWYV/ref=pd_luc_rh_sspa_dk_huc_pt_expsub_2?th=1
20. Lot's of toys & stuffed animals
21. Baby Gate(s)
22. Outlet Covers: https://www.amazon.com/gp/product/B009UX0KNU/ref=ppx_yo_dt_b_asin_title_o05_o00_s00?ie=UTF8&psc=1
23. Raised/Elevated Dog Food & Water
24. Dogit Water Fountain: https://www.amazon.com/Dogit-Fresh-Clear-Drinking-Fountain/dp/B000O3APMQ/ref=sr_1_3?crid=28T00FZCNYBBK&keywords=dogit+fountain&qid=1550708120&s=gateway&srefix=dog+it+foun%2Cbaby-products%2C279&sr=8-3
25. Smart Pet Love Puppy Behavioral Aid Toy: https://www.amazon.com/gp/product/B01N37DFMP/ref=ppx_yo_dt_b_asin_title_o00_s00?ie=UTF8&psc=1
26. Liquid Joint Support: <https://www.chewy.com/liquid-vet-hip-joint-support/dp/206911>
27. Liquid Vitamins & Minerals: <https://www.amazon.com/gp/product/B00A1MNXGU>

List of items we will send your puppy home with

1. Dry Food
2. Wet Food
3. Harness & Leash
4. Toys
5. Training Treats
6. Chew Treats
7. Blanket
8. Piddle Pads
9. 2 Small Stainless Steel Bowls
10. Toothbrush
11. Dog Hair Brush
12. Poop Bags
13. Wet Food Can Cover
14. Training & Recall Whistle/Clicker

Puppy Information & Tips

Your puppy will go home with a great puppy package so they feel more comfortable during the "new home" transition. The first couple of days they go home can be a bit nerve racking for the puppy. This is mainly due to a brand new environment as well as being separated from their litter mates, dog parents & human parents for the first time.

1. Dry Food - Victor Hi-Pro Plus Formula or Purina Pro Plan Dry Dog Food without Peas, Lentils, Legumes, and Potatoes. Bought on Amazon. **Wet Food** - Kirkland Brand Wet Food, Wellness Canned Wet Food or any canned food without the immune suppressing ingredients listed above.

I will provide a couple of weeks worth of puppy food with DHA ingredients for brain development and some wet food to prevent constipation and help the food digest easier. I always mix wet food with dry food including fresh cooked protein such as salmon, ground turkey, chicken breast shredded into small pieces.

2. Harness & Leash - I do not use collars with leashes, only harnesses - Using a harness will help prevent pulling, choking & damage to the throat. Once your puppy get's used to walking on a leash, and naturally follows you (which is natural for this breed, they want to be by your side at all times unless they see another dog to say hi or a squirrel lol) - We only use collars if they need to have an identification tag on when we are going to off leash areas. I do not leave collars or harness on my dogs when they are home. They can rub and irritate the skin and cause mats.

3. Potty Time - Puppies piddle immediately when they wake up from a nap. So set piddle pads near where they sleep for quick piddles and outside if you can quickly. Puppies have small bladders and do not have much time to hold it if they need to walk far in order to potty outside. They will usually go #2 after they have eaten and ran around playing for a little while.

4. Crates & Baby Gates - We do not recommend using a crate, if you do make sure the door is always left open!! can't stress this enough, this is not a crate friendly breed. They will whine a cry to get out and feel trapped as if they did something wrong. If you would like to keep your dog in a certain area while you are away for a little use baby gates to keep them in a contained large area. This breed needs freedom to roam and have been house broken to feel comfortable exploring. They will want to always be where another human is since they will be transitioning into the phase of not having another litter mate to play with anytime. If you contain them in a small area for too long a time this can cause stiff joint issues and separation anxiety. They have also been raised with gradual freedom to roam the house freely. Make sure cords and items that you do not want them to chew are up high off the floor and/or protected. Your puppy will also want to be near a family member while she sleeps, especially during the initial transition phase.

5. Handling & Picking up your Puppy - *This is very important.* When handling the puppy or picking up ALWAYS use one hand under the chest and other under the bottom. Make sure the feet are not dangling when you hold them. This can cause strains and pressure in the wrong places. If the puppy ever starts squirming while you are holding them, immediately and gently place them back on them feet on the floor. Once they get older and grow too big to pick up the best way to get them up is to lift up their front legs onto the higher obstacle and then lifting their back legs up to help boost them into higher area's if need be.

6. Heights - Until your puppy get's big enough do not leave them unattended on a couch or a bed that is high off the ground. You do not want to risk them jumping and hurting herself.

7. Food - We free feed all our pups and adult dogs. Meaning they always have food out when they are up from their naps and DRY food/kibble at night. We do this because they realize it is not going away and they don't develop food aggression. They eat when they want and how much they want. They don't inhale and won't over eat wondering when their next meal will be. When they are napping put their food in the fridge so it stays fresh when they wake up again from their nap.

Canned pumpkin is a source of fiber and vitamins and can be mixed in with their dry food, especially when they have an upset stomach such as loose stools. Plain Greek yogurt is a great source of probiotics and prebiotics. The puppies get about 2 tablespoons each of that every morning.

I have introduced their tummies to all sorts of great whole foods (human not just dog food) Apples cut up in wedges, dried papaya, dried mango, carrots and dried bananas chips as treats. Carrots are great to offer to chew on and a variety of dried fruits. Dogs need a variety in their diet just like us, so mix any type of whole protein chopped into small pieces and mixed with their dry food. Chicken, Salmon(& skin), Ham, Ground Turkey (I use the crock pot to cook chicken breasts with only water added to have on hand for meals and treats, the broth is great to add a little to their water)

Any raw(or lightly cooked) fruit & veggies such as carrots, bananas, celery, cucumbers, broccoli, blueberries, brussel sprouts, cantaloupe, etc. No peas, lentils, legumes, and potatoes. Homemade beef, chicken, liver broth, or even bone broth is a wonderful way to help soften the food and add more flavor. Never the boxed broth items, as it contains garlic and onions.

8. Water - Filtered water is essential. Add liquid vitamins/minerals, joint supplement and some homemade chicken, beef or liver broth to encourage hydration. Goats milk is also good.

9. Training - I highly recommend signing your pup up for puppy training classes once their basic vaccination series is complete as indicated in the contract. If you continue these classes for a few months, you will have a very well mannered, socialized, happy pup. This is a very intelligent breed and they need a lot of attention and fun training sessions at home as well to keep their minds busy and developing in an advanced manner. Talk to them using the same words for commands, they understand by repetitiveness and body language. You will notice your puppies already know the words sit, shake, lay down, treat, and recall clicks/whistles.

10. Grooming - They can also start going to groomers after rabies vaccine, this is also very important to start right away as they require lifetime grooming. We groom ours every 4-5 months and brush often (sometimes daily, sometimes weekly, depending on length & curl of hair). They don't shed outwardly, but their hair will get curlier as they get older. This is where matting will occur and you have to brush all the way to the skin. Start brushing when you get pup home (any brush will do), they will think it's a game but will soon realize that it's part of life and enjoy it. If dogs are happy with their groomer, they will be excited to go, tail wagging, rushing to the door, etc. We highly recommend using a groomer that only books one dog at a time, this is easily found with mobile groomers. Listen to your dog! Some groomers are not good, your dog knows if they are being mistreated and will act accordingly. TRUST THEM. I don't care what the groomer says, listen to your dogs cues.

11. Toys - The pups need lots of soft, plush chew toys. Like a laundry basket full! When pup chews on something they aren't supposed to, get one of his toys and replace it with what's in his

mouth, tell him "Rover's toy", then take him to his toybox. Don't ever yell at them over chewing or potty accidents, instead use that time as a great redirection tool to treat training or enrichment tools or play sessions. You have to shape & mold them with love during the first year. They WILL have accidents and they WILL chew on things they aren't supposed to. They are babies! Your reaction will shape who they become

12. First Night Home - The first nights away from the litter can be tough and scary. Be patient and know that this will pass. A soft bed, a blanket from here and lots of love will get them through this. Who am I kidding....puppy may cry and end up in your bed to cuddle for some time and as soon as they get sleepy you can place them down or in their bed area.

13. Potty Training at New Home - They can't hold their bladder all night, so you need to have potty pads available to them or get up and take them outside. We use a baby gate, have a bed, piddle pads, toys and food/water. This breed will be your shadow and follow you around so eventually they will want to sleep with you near your bed and when fully house broken and can hold their bladder through the night they are allowed on the bed if they would like. Most of our adult dogs will cuddle with us for about 5-10 minutes and then go down and lay on the floor. We don't use crates or crate train here.

14. Chewing/Nipping - Remember puppies play with their mouths and very paws on! If they are chewing on something they are not supposed to, tell them no and give them an item they are allowed to chew on. They are still in the learning phase and puppies will go through many phases just like humans. If they are doing an excessive amount of nipping, take their mouth in your hands, holding it closed and say "no bite". This is a time to be firm with puppy. They need to know that you are boss and when you mean something. Just remember they are teething and need to chew, this is also how they play, so give them some room for error.

15. Ear Cleaning - Clean ears often with baby wipes & Q-Tips in the ear flap crevasses.

16. Treats - Always ask your puppy to sit and keep up with the next steps of shake, lay down or roller for a treat. You can grow upon the commands as your puppy grows with you.

Dried Banana chips

Dried Mango

Dried Papaya

Apples cut up (no seeds)

Carrots to chew on - Long ones

Charlie Bear Treats from Trader Joes

Any type of quality meat cut up - This is great b/c his teeth are still growing in so the more tender the treat the better

Wellness brand dog treats

Any type of organic treat

Plain raw hides to chew on, not too small - when they start to get flimsy and small throw away

Any variety of dried fruit except raisins of course

17. Pet Insurance - I have used Nationwide formerly known as VPI (Veterinary Pet Insurance) for 11 years and I highly recommend their services. The wellness package covers yearly exams, vaccinations, and accidental injuries.

18. Flea control - Dawn dish soap kills fleas and eggs. I recommend using this over any other type of flea shampoo as some are very harsh and can irritate your puppies precious skin.

TOXIC FOOD TO AVOID

<https://www.aspca.org/pet-care/animal-poison-control/people-foods-avoid-feeding-your-pets>

Health and happiness is all I want for our puppies and grow into the best companion and long living adults they will be.

Congratulations and ENJOY!!!

They are only babies for a short time, enjoy the spunk and take a lot of picture & videos to capture those goofy, fun & intellegent moments. Please share. We put our heart and soul into raising our puppies and we love to see the all of the adventures they have in their new homes! If you have any questions, I'm here for you always!!